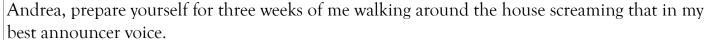


From the Summit

LET'S GET READY TO RUSSKII!!!

Did you know that **русский** is "Russian" in Russian? Spelled in English, that's R-U-S-S-K-I-I. But it reminds me of that WWE announcer.



If you can't tell, I'm going for an Olympics theme this month. While we're all whooping it up at our monthly meeting Thursday, TV coverage of the games will begin. While some events will be held Thursday, opening ceremonies are on Friday, airing locally that night. New England native Hannah Kearney will take to the slopes to help kick things off Thursday, so set your DVRs! (That way you can also fast forward through the figure skating...)

The NBC Olympics website tells me there are 230 athletes representing the USA. They are spread across 15 sports—alpine skiing, biathlon, bobsled, cross-country skiing, curling, figure skating, freestyle skiing, hockey, luge, nordic combined, short track, skeleton, ski jumping, snow-boarding, and speed skating (phew—that's a mouthful). Good luck to all our athletes!

Here are my favorite resources for Sochi 2014 information:

NBC—http://www.nbcolypmics.com
USSA Olympic Team—http://www.ussa.org/believeinus
Official Sochi 2014 site—http://www.sochi2014.com/en
(or, if you would prefer the site in русский, it's available!)

до свидания,

Roger Stokey President



2013 - 2014 Trip Schedule

DATE	DAY	DESTINATION	COST	TRIP LEADER	TIME
January 8	Wednesday	Stratton, VT	\$75/79	Mimi Schlichter	5:00
January 15	Wednesday	Killington, VT	\$75/79	Roger Stokey	5:00
January 19-24	Sun Fri	Sugarloaf, ME	\$387	Bud Shaw	DY*
February 5	Wednesday	Okemo, VT	\$75/79	Len Hills	5:00
February 12	Wednesday	Sunday River, ME	\$75/79	Mimi Schlichter	4:30
Feb 22–Mar 1	Sat—Sat	Breckenridge, CO	\$1590	Bud Shaw	FLY
Feb 26	Wednesday	Bretton Woods	\$75/79	Steve Carr	5:00
March 5	Wednesday	Cannon, NH	\$75/79	Scott Northrop	5:00
March 12	Wednesday	Wildcat, NH	\$75/79	Camille Morgan	5:00
May 3–10	Sat-Sat	Bike/Barge—France	\$1199	Michael Finegold	FLY

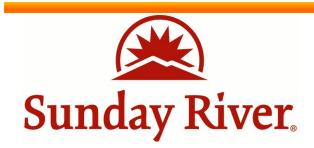
- Trips highlighted in gray are overnight trips
- *DY—Drive Yourself
- All trips subject to our deposit policy, found elsewhere in this newsletter and on our website.
- Non-members are subject to a \$15 surcharge.
- Bus picks up at 170 Clay Pond Rd Bourne, MA 02532
- Live on the south shore or Middleboro area and want to attend our trips? We can stop either on Route 3 (for NH and ME trips) or 495 (for VT trips). Just let the trip leader know!

2013—2014 TRIP LEADERS

Roger Stokey	Bud Shaw	Camille Morgan	Mimi Schlichter
508-292-8370	508-477-3717	508-759-7616	508-548-3278
Steve Carr	Len Hills	Michael Finegold	Scott Northrop



Upcoming Trips!



February 12, 2014 4:30AM \$79

Trip Leader: Mimi Schlichter

Sure we leave a little bit earlier for this one - but it will be oh so worth it with a vast array of terrain for every level of ski and board ability! That extra bit north into Maine assures awesome snow conditions. And wedged in two days after our trip leader's birthday and two days before Valentine's Day - well, you're sure to feel the love!

On February 26th I'm going to be sitting in the front seat of a very large bus heading to Bretton Woods, New Hampshire. I need to fill all the seats behind me just because I'm that insecure. On the right side I'm going to seat all those beginner and intermediate skiers that want to enjoy a great cruising mountain full of tons of super groomed snow. On the left side I've got plenty of room for all the advanced skiers who appreciate the good challenge and diversity that a mountain full of perfect glades can bring. For added excitement we may go jump off a few cliffs in Rosebrook Canyon. The bottom line is Bretton Woods has it all, for us all. Don't hesitate; sign-up early and often. You owe it to yourself.



February 26, 2014 5:00AM \$79

Trip Leader: Steve Carr



March 5, 2014 5:00AM \$79

Trip Leader: Scott Northrop

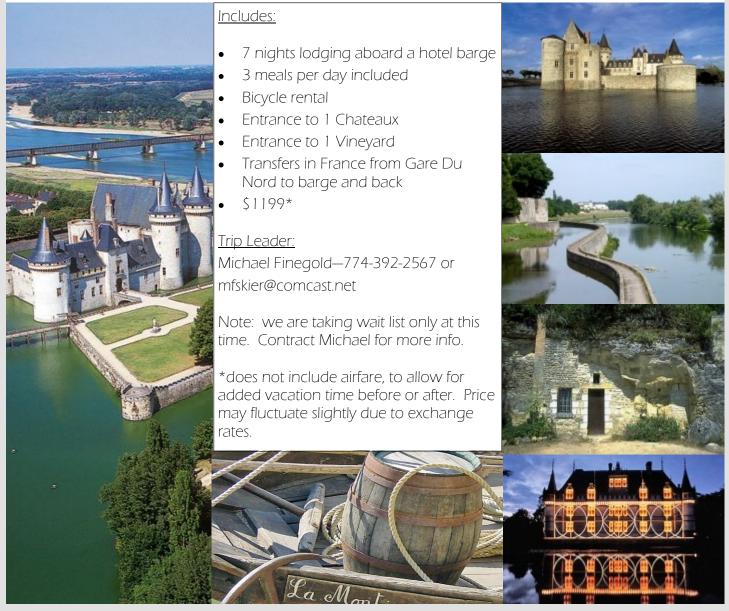
annon is the biggest and baddest venue in New Hampshire—one of the "Grand Old Dames" of New England skiing. Always a popular trip, Cannon offers a tremendous range of terrain from super steep screamers to wide open cruisers to winding corkscrew trails. You simply haven't skied New England until you've taken on Cannon. More than fifty trails (including the recently reopened Mittersill side) mean that you have lots of options. An easy ride up Rt. 93, sign up early!

BIKE & BARGE

...the Loire Valley

The Loire, a legendary river listed as World Heritage by UNESCO. Europe's last untamed river, the Loire has always fascinated by its unexplained caprices: in turn calm and savage, it has carved out a line in the earth full of surprises, from green islets to moving sandbanks. Following the course of the river, discover the Loire Châteaux: Renaissance homes, medieval fortresses, architectural heritage listed by UNESCO. Kings, artists and authors all had the right idea. Seduced by the Loire, a great many of them decided to settle along the banks of this river. Each of these monuments has some great stories to tell.

-loirevalleytourism.com





PARK CITY, UT (Jan. 26) – The U.S. Ski and Snowboard Association has nominated a record 94 athletes to the 2014 U.S. Olympic Team that will compete in Sochi. The U.S. Olympic Committee will formally name the Team on Monday. It's the largest team ever for skiing and snowboarding, thanks to the addition of new events in freeskiing, snowboarding and women's ski jumping. The team includes eight athletes who have previously won Olympic gold.

HIGHLIGHTS

- The U.S. Ski and Snowboard Association nominated a record 94 athletes to the 2014 U.S. Olympic Team that will compete in Sochi.
- The team is significantly larger than the 76 athletes named in 2010 with the addition of halfpipe and slopestyle skiing, slopestyle snowboarding, parallel slalom snowboarding and women's ski jumping.
- The 94 athletes bring aggregate experience in 76 Olympics, with 21 previous medals represented across the field.
- Athletes range in age from 15 to 37.
- Olympian Todd Lodwick was named to his sixth Olympic Team, matching the most ever by a Winter Olympian.
- Eight different athletes on the team have previously won Olympic gold.
- Athletes nominated to the Olympic Team were selected based on results in top international events, including the World Cup circuit and the Sprint U.S. Grand Prix series.

The Games begin with women's moguls and men's slopestyle snowboarding qualifications set for Thursday, Feb. 6, a day before the Opening Ceremony.

Source: USSA—http://www.ussa.org/believeinus

Visit the <u>USSA website</u> for the latest on the USA Ski & Snowboard Team!

BRECKENRIDGE

Be one of the first to experience Peak 6 at Brecken-ridge—a huge addition to an already sprawling resort. With Peak 6, Breckenridge offers 2,901 acres across five peaks (almost 4 times the size of Killington), 11 bowls, the highest chairlift in North America, family-friendly terrain and a world-class ski school, all situated above an authentic, hip mountain town with awe-inspiring views. Renowned for the welcoming spirit and friendly character of their locals, with over 200 restaurants, bars, and shops, there are many good reasons why "Breck" is one of the most popular ski resorts in the Western Hemisphere.

The Important Stuff:

Dates: February 22—March I

Price: \$1590

Trip Leader: Bud Shaw (508-477-3717, budco1@comcast.net)

Includes:

5 of 8 day lift (also valid at Keystone & Arapaho Basin)

7 nights lodging (Mountain Thunder Lodge Condominiums)

Roundtrip airfare (and transport to/from hotel in CO)



Next Meeting:

Thursday, February 6 7:30 PM

The Beach House—Route 151—North Falmouth

This Thursday, Dr. John A. Child, Clinical Director of Cape Cod Vision Associates in Falmouth and member of the Mt. Abram Ski Patrol for over ten years, will share with us his tips and tales based on his experience. This is your opportunity to learn more about skiing and boarding for enjoyment while also staying safe, from one who has skied the dreaded injury toboggan down the slope more times than any of us ever want to consider! Are you current on ski etiquette? How have the rulers of the road changed since you first learned to ski? Bring along a question or two of your own. The club travels to Sunday River the following week on February 12 - so if you have mountain questions, he'll be happy to answer those as well, based on his years of experience with the area.

Come for the fun, come for the pizza, come to share the camaraderie!

Upper Cape Ski Club has it all!

~ Deposit/Refund policy ~

Deposits help ensure that a space is reserved for our members. These deposits apply to bus trips, weekend trips, week-long trips and more. Late cancellations are not entitled to a refund, nor is the club responsible for finding a replacement for you. You must find your own replacement, although we will endeavor to help you whenever possible. Deposits are further subject to the conditions imposed upon us by our suppliers, agents or other providers. We make every effort to refund as much money as possible but cannot guarantee that we will be able to do so. Inquire of your trip leader for specific information regarding your particular trip. The club recommends that you consider trip insurance whenever possible.



Contact Us?

■ By Mail:

Upper Cape Ski & Sports Club PO Box 3149 Pocasset, MA 02559

By Phone:

Tom Burt 508-566-0095

⁴ By Web:

www.uppercapeskiclub.com



President: Vice President:
Roger Stokey Scott Northrop

<u>Treasurer:</u> <u>Secretary:</u>
Leonard Hills Rick Howe

Membership: Newsletter:
Scott Northrop Tom Burt

Website:

Pam Tremarche

Michael Finegold