



The Upper Cape Ski & Sports Club  
PO Box 2123  
Teaticket, Ma 02536

# THE AVALANCHE

## January 2008

### NEXT MEETING:

- Thursday, January 3, 2008
- 7:30pm
- The Falmouth Inn
- 824 Main Street  
Falmouth, MA 02540
- Movie & Popcorn night
- Sportworks
- FitPlan

### **Contact Us?**

#### **By Mail:**

Upper Cape Ski & Sports Club  
P.O. Box 2123  
Teaticket, MA 02536

#### **By Phone:**

Ron Purdy, Treasurer  
508-540-4268

#### **By Web:**

[www.uppercapekiclub.com](http://www.uppercapekiclub.com)

#### President:

Tom Peterson

#### Vice President:

Bud Shaw

#### Treasurer:

Ron Purdy

#### Secretary:

Diane Payson

#### Membership:

Dave Dimestico

#### Newsletter Editor:

Compiled by the Board of Directors

### President's Letter

Yes, that is a skiing clam to the right. A clam with a large tongue. And a glass of wine. I've seen a lot of things in my days, but have yet to see a skiing clam. Nevertheless, it's pretty funny so it deserves a spot here in the President's letter. Some of our veteran members may remember Cleo (as I've decided to name her) from Doug Baker's Sugarloaf trips years ago. Even though Doug abandoned us for warmer climates, his legacy lives on both in Cleo and in our continued support of the Sugarloaf trip he ran for so many years. We have over 40 members attending that trip this year and even have a couple of spots left if you haven't signed up yet. The snow has been falling up in Maine and more is expected.



In putting together the trip schedule for this season, a couple of things occurred to me. First, lift ticket prices are soaring out of control. Our first two trips, Stratton and Sunday River, would cost you \$69 for just the lift ticket if you walked in off the street. At \$65 for Stratton and \$70 for Sunday River (including the bus), our club rates are hard to beat. It also became apparent that we have a serious shortage of trip leaders in the club. With only five day trip leaders on our schedule this year, there is a critical need for more volunteers. Running a day trip is easy to do and the trip leader is rewarded with a free day of skiing for their efforts. Not only is it a great deal, it's great way to meet other members and make new contacts at resorts all over New England. Although all trips offered this season have trip leaders assigned, we'll be glad to reassign one to you. Just let any of our current trip leaders know you're interested and they'll get you all the information.

Our first day trip will be coming up in a couple of weeks and I hope to see many of you there. The more interest we receive in the day trips, the more we'll add to the schedule. So, sign up early and sign up often. As always, we're flexible with the schedule; if you see something you would like changed, just let us know. We're here to make your winter that much more enjoyable.

See you on the slopes,

Tom Peterson, President

# Upcoming Day Trips

They're off to a great start up north! Mother Nature has been cooperating and the snow guns have been working overtime. Trails continue to open so there's no time like the present to sign up for one of these great upcoming day trips. To do so, simply fill out the trip application on the last page and send it to the trip leader (addresses appear on page 6). Don't forget to call the trip leader and give them a heads up you're coming.



## January 9, 2008

Trip Leader: Ron Purdy

You never have a bad day at Stratton! That's been our motto for years and we're hoping to continue the tradition on this popular Wednesday trip. Stratton's high-speed six-passenger chairs make this a great week-day destination. Off the street, mid-week lift tickets are \$69 this year, so for \$4 less, we throw in the bus ride, doughnuts, movie and great camaraderie. Don't pass up this affordable opportunity to ski New England's most expensive resort!

Cost: \$65

Contact: Ron Purdy at (508) 540-4268



## January 13, 2008

Trip Leader: Tom Burt

Wake up with the chickens (actually, before the chickens!) and hop on the bus for a great day at the River. For all those who complain about the weekend crowds, this is your chance to ski on a Sunday without worrying about lift lines. The combination of location and size make Sunday River one of the few resorts where you can escape the crowds on a Sunday. When else will you get a chance to ski Sunday River? New snow is falling and snowmaking is in progress. Bring a pillow and a good book; the bus leaves at 4:30am.

Cost: \$70

Contact: Tom Burt at (508) 566-0095



# January 29, 2008

Trip Leader: Sharon Grace

Mad River Glen is the epitome of classic New England skiing. If you've never been to MRG (and I know there are plenty out there that haven't), this is the year for you. The single chair is back up and running and our price is better than ever. Don't pass up on this opportunity for a truly unique ski experience. Get more information on MRG elsewhere in this newsletter.

Cost: \$50! YES, THAT'S RIGHT--\$50!!!

Contact: Sharon Grace at (508) 548-3639

## Did you miss out?

### Sugarloaf — January 20-25 — \$330 — OPEN

Nearing capacity and only a couple of spots left. Grab one of the vacancies soon or you'll find your way to the waiting list!

### Lake Tahoe — February 17-24 — \$1395 — OPEN/Taking Stand-bys

Possible room for four more, depending on condo size and availability.

### Banff/Lake Louis — March 6-13 — \$1369 — FULL

All 4 resorts nearing 100% open as of early December! Additional space may be available at increased rate.

For up-to-the-minute information on trip updates, visit

[www.uppercapeskiclub.com](http://www.uppercapeskiclub.com)



## SPORTWORKS

Located in Duxbury, MA, Sportworks is a full-service ski and snowboard shop offering equipment and service. Prices are very competitive and their shop is within an easy drive of the Upper Cape. Not impressed with your last tune-up? Try Sportworks!

(800) 934-9501

<http://www.sportworksltd.com>

*See both Sportworks and FitPlan at our January 3 meeting!*

Need to get into shape for the ski season?

FitPlan, a division of Cape Cod Rehabilitation, is offering a specialized Ski Conditioning Program to help skiers prepare for the upcoming season. One hour-long class each week, December thru March. \$5 per class for FitPlan members, \$10 non-members.

508-778-5000

<http://www.fitplan.com>



Ski  Poll

### Where in the World?

We're compiling a list of all the ski resorts our members have been to over the years. It does not have to be a club-sponsored trip nor does the resort still have to be open. We already have 89 on the list and I know for a fact some of you are holding out! Help us top 100 resorts! Submit your list today at <http://www.uppercapeskiclub.com/resorts.htm>.

### ~ Deposit/Refund policy ~

Deposits help ensure that a space is reserved for our members. These deposits apply to bus trips, weekend trips, week long trips and more. Late cancellations are not entitled to a refund, nor is the club responsible for finding a replacement for you. You must find your own replacement, although we will endeavor to help you whenever possible. Deposits are further subject to the conditions imposed upon us by our suppliers, agents or other providers. We make every effort to refund as much money as possible but cannot guarantee that we will be able to do so. Inquire of your trip leader for specific information regarding your particular trip. The club recommends that you consider trip insurance whenever possible.

# MAD RIVER GLEN GREEN SKI IF YOU CAN

One of the greatest assets of New England skiing is its character—character of the mountains, the resorts, the villages, the skiers and the boarders. It's something few western resorts can duplicate. Certainly, the resort with the most character is Mad River Glen. The resort's history, policies, location and traditions all contribute to a character that is unmistakable and unforgettable. The continued devotion to these policies and traditions, combined with newer, more ambitious ones, indicate Mad River will maintain this sense of character for some time.

Having recently celebrated its fifty-ninth birthday, Mad River completed its most significant upgrade in years. Of course, an "upgrade" at this resort doesn't exactly match those currently underway at nearby Sugarbush or Stowe. The owners, a group of about 1800 shareholders of the Mad River Glen Cooperative, opted to refurbish the 1948 single-chair lift rather than replace it, even though a new lift would have cost less. The decision makes a very clear statement about the character of this resort. The single-chair remains one of only two like it in the United States.

The traditions and policies of MRG date back almost as far as the single-chair lift; however, they contribute just as much to the character of the mountain and its guests. The terrain is some of the most difficult in New England and word is, the best stuff is unmarked and reserved for those "in the know." Mad River isn't just for the extremists though; there are plenty of greens and blues off the Sunnyside Double. Slopes are often left natural—snowmaking and grooming seldom occurs. The trees and bumps are epic and the mountain is a free-heeler's paradise. With this kind of character and charm, it seems MRG is the type of place that welcomes all types; however, that's not quite the case. Ever since the early '90s, snowboarders have been banned from these slopes. While not alone in this decision, the Co-op's reasoning behind the decision differs from that of Alta, Deer Valley and Taos. The ban originally limited boarders to the Sunnyside Double—the old single-chair was not designed to accommodate boards—but irate snowboarders angrily complained to the ownership, resulting in a full ban. While controversial, this is one more element of Mad River's unique character.

The tradition of preservation continues this year with the "Ski Green If You Can" campaign. This endeavor is an attempt to minimize carbon footprint through the purchase of carbon offsets—funds go directly to local dairy farmers for methane digester projects. However, the ambitious part of the campaign requires cooperation from the guests. Skiers are asked to offset their carbon-intense commute by donating set amounts to the program with each visit. While other resorts may attempt something similar, Mad River Glen is the type of place that will make it happen.

If you've never been to Mad River, now is the time! Sharon Grace, our resident MRG expert, will be running a trip to New England's most charismatic resort on Tuesday, January 29. The price is only \$50 for this trip, so you shouldn't have any reason not to go. Don't miss this opportunity! Contact Sharon at (508) 548-3639 to sign up.

## **WANT TO SKI FOR FREE?**

Of course you do! Become a club Trip Leader!

It's easy to do and for your hard work, we'll reward you with a free bus trip and free lift ticket!

Contact any of our trip leaders on page 6 to learn how.

# 07 / 08 Trip Schedule

DATE	DAY	DESTINATION	PICKUP <sup>2</sup>	PRICE	TIME	TRIP LEADER
December 7-9	Fri–Sun	Sunday River	N/A	TBA	DY <sup>1</sup>	Michael Finegold
January 9	Wed	Stratton		\$65	5:00	Ron Purdy
January 13	Sun	Sunday River		\$70	4:30	Tom Burt
January 20-25	Sun–Fri	Sugarloaf	N/A	\$330	DY <sup>1</sup>	Bud Shaw
January 29	Tues	Mad River Glen		\$50	4:30	Sharon Grace
February 6	Wed	Okemo		\$65	5:00	Ron Purdy
February 10	Sun	Wildcat		\$70	5:00	Tom Burt
February 13	Wed	Stratton		\$65	5:00	Ron Purdy
February 17-24	Sun–Sun	Lake Tahoe	N/A	\$1395	FLY	Bud Shaw
February 27	Wed	Cannon		\$65	5:00	Tom Peterson
March 2	Sun	Attitash/Bear Peak		\$70	5:00	Ron Purdy
March 6-13	Thurs–Thurs	Banff	N/A	\$1369	FLY	Michael Finegold
March 14	Fri	Waterville Valley		\$65	5:00	Ron Purdy
March 19	Wed	Wildcat		\$65	5:00	Sharon Grace
March 26	Wed	Mount Sunapee		\$65	5:00	Ron Purdy

<sup>1</sup>Drive Yourself.

<sup>2</sup>Pickup Locations:  Exit 10—meet in the small commuter lot at the corner of Routes 3A and 53.

 Exit 4—meet in the dirt parking lot across from the McDonald’s driveway.

**Those seeking pick-up at a designated alternate location MUST notify the Trip Leader in advance.**

Non-members are subject to a \$15 surcharge. Already have a pass? Ride the bus for only \$40!

All trips depart first from the Grand Union parking lot in Monument Beach (off MacArthur’s Blvd).

## 07/08 Trip Leaders

Bud Shaw  
84 Lakewood Drive  
Mashpee, MA 02649  
508-477-3717

Tom Burt  
46 Thom Avenue  
Bourne, MA 02532  
508-759-8364

Tom Peterson  
35 McCallum Drive  
Falmouth, MA 02540  
508-540-4205

Sharon Grace  
15 Horseshoe Lane  
North Falmouth, MA 02556  
508-548-3639

Ron Purdy  
PO Box 3419  
Waquoit MA 02536  
508-540-4268

Michael Finegold  
88 Palmer Avenue  
Falmouth MA 02540  
508-548-0071

## Trip Application for 2007-2008 Season

Name: \_\_\_\_\_ Roommate: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City & State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_

Email address: \_\_\_\_\_

Trip desired: \_\_\_\_\_ Date: \_\_\_\_\_

Downhill  Cross Country  Snowboard

**YOU MUST FILL IN ALL BLANKS. I HAVE READ AND AGREE TO THE LIABILITY POLICY AND WAIVE ALL LIABILITY.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**LIABILITY POLICY:** Participants acknowledge that there are inherent risks in skiing, whitewater rafting, and other sports, and agree to hold harmless the Upper Cape Ski & Sport Club, it's officers, directors, and agents, from any claims whatsoever resulting from participation in any club related activity. The Upper Cape Ski & Sport Club acts solely as agent carrying out services and assumes no responsibility for injury, loss, or damage to persons or property, not for faults or defaults of companies or those carrying out services; nor accident, injuries, delays, cancellations, changes due to weather, baggage, lodging, insufficient participation, or reasons beyond the control of the Upper Cape Ski & Sport Club. Make all checks payable to: **Upper Cape Ski & Sport Club**

Mail directly to the trip leader. **Do not send cash !!!!** Amount enclosed: \$ \_\_\_\_\_

**All deposits are subject to our deposit policy which is published in our newsletter and on our website.**

## Membership Application for 2007-2008 Season

Name: \_\_\_\_\_ Age: \_\_\_\_\_

MAILING Address: \_\_\_\_\_

City & State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_

Email address: \_\_\_\_\_

**Annual Dues - \$45**

**October 1, 2007 thru Sept. 30, 2008**

Downhill  Snowboard

Cross-Country

I prefer to receive my newsletters via email: YES  NO

**I HAVE READ AND AGREE TO THE LIABILITY POLICY AND WAIVE ALL LIABILITY.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**LIABILITY POLICY:** Participants acknowledge that there are inherent risks in skiing, snowboarding, whitewater rafting, and other sports, and agree to hold harmless the Upper Cape Ski & Sport Club, it's officers, directors, and agents, from any claims whatsoever resulting from participation in any club related activity. The Upper Cape Ski & Sport Club acts solely as agent carrying out services and assumes no responsibility for injury, loss, or damage to persons or property, not for faults or defaults of companies or those carrying out services; nor accident, injuries, delays, cancellations, changes due to weather, baggage, lodging, insufficient participation, or reasons beyond the control of the Upper Cape Ski & Sport Club. I also agree to abide by the bylaws and policies set forth by the Upper Cape Ski & Sport Club.

# Next General Meeting

**Thursday  
January 3, 2008**

**The Falmouth Inn**  
824 Main Street  
Across from Dairy Queen

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## Itinerary:

### January 3:

- ↑ Movie & Popcorn night!
- ↑ Visits from:
  - ↑ Sportworks—Duxbury, MA
  - ↑ FitPlan—Mashpee, Hyannis
- ↑ Sign up for Trips!
- ↑ Eat some free food!

THE UPPER CAPE SKI & SPORTS CLUB  
PO BOX 2123  
TEATICKET, MA 02536

**FIRST CLASS MAIL**



*There's no news like snow news!*